

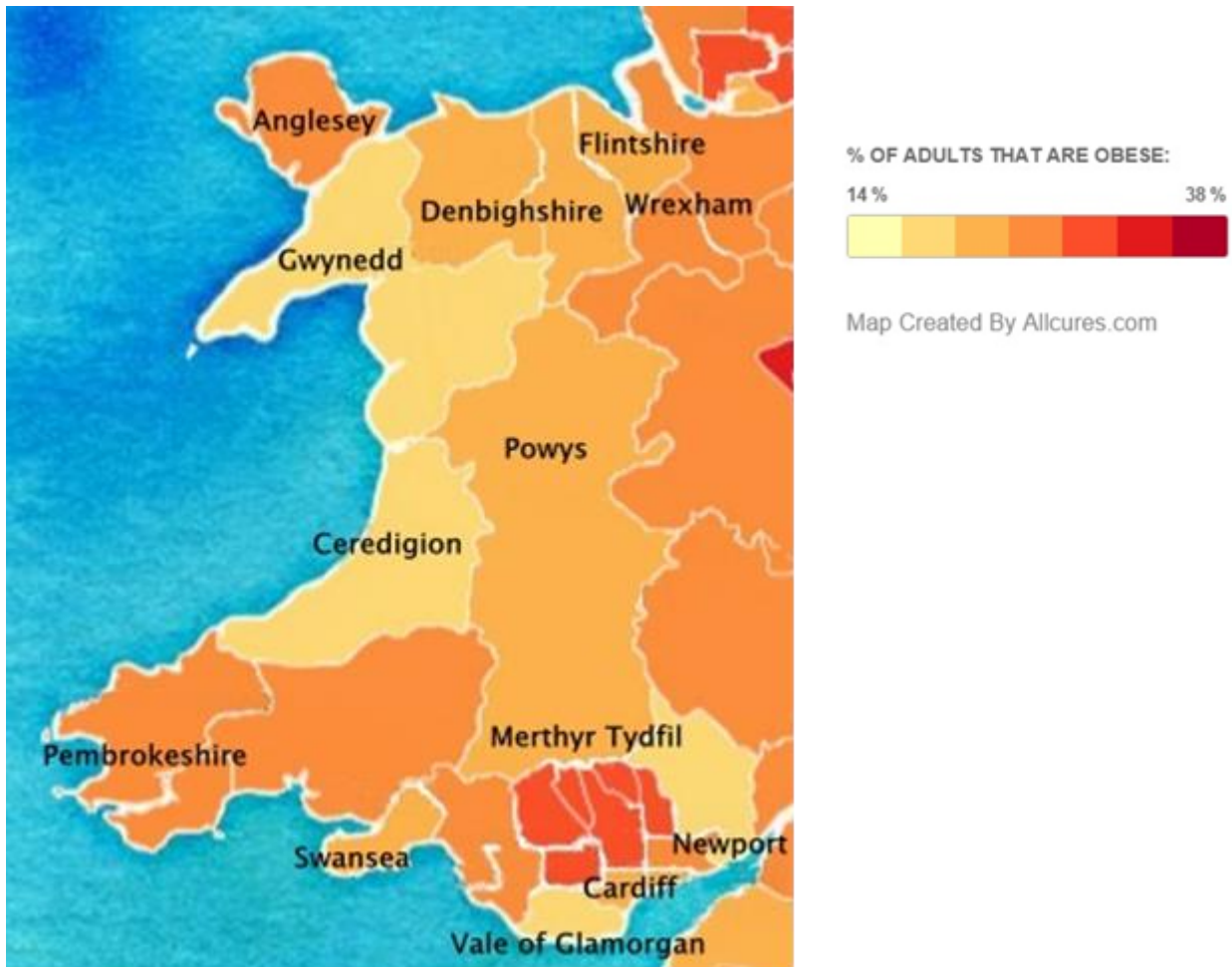
# WBQ Resource Pack

## Global Citizenship Challenge

### Topic: Nutrition – Obesity

#### 1. How fat is your area?

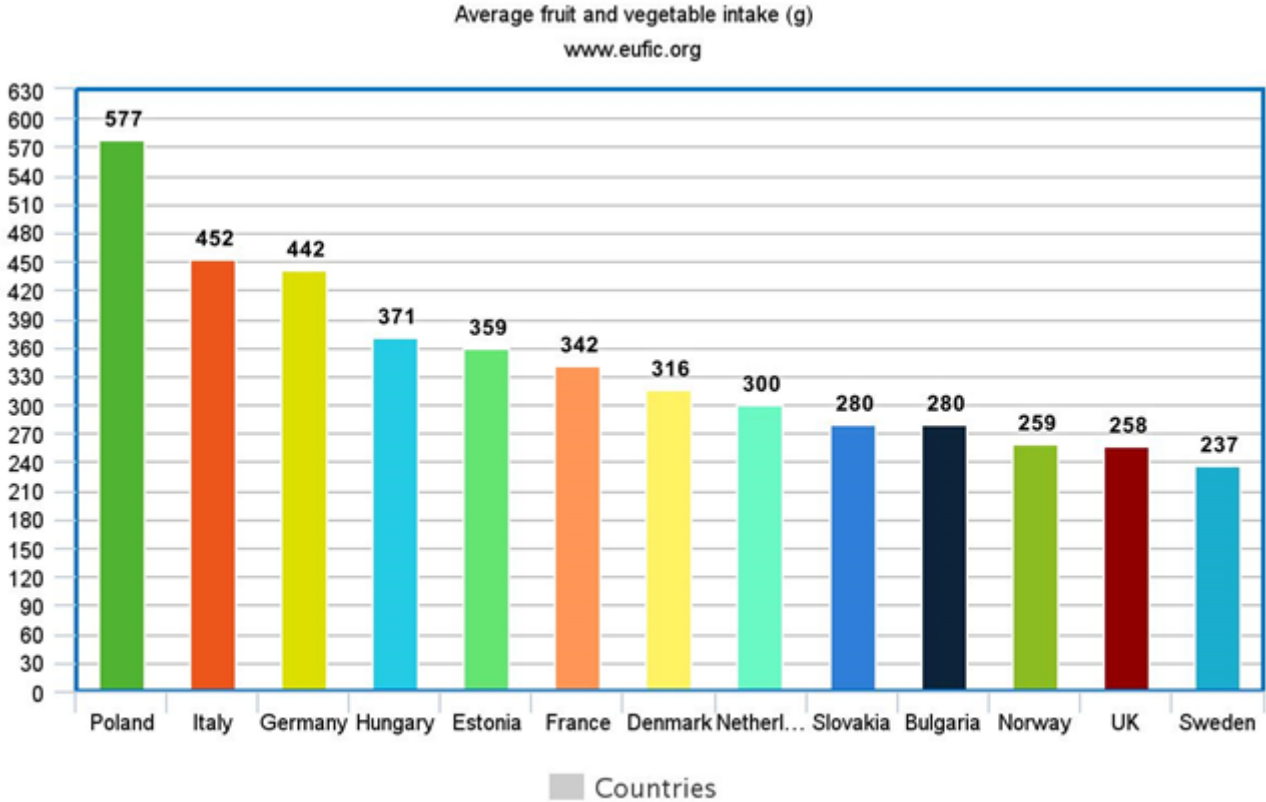
<http://www.walesonline.co.uk/news/health/how-fat-you-live-map-11201553>



(Obese = Body Mass Index over 30)



# 2. Fruit and vegetable consumption across Europe

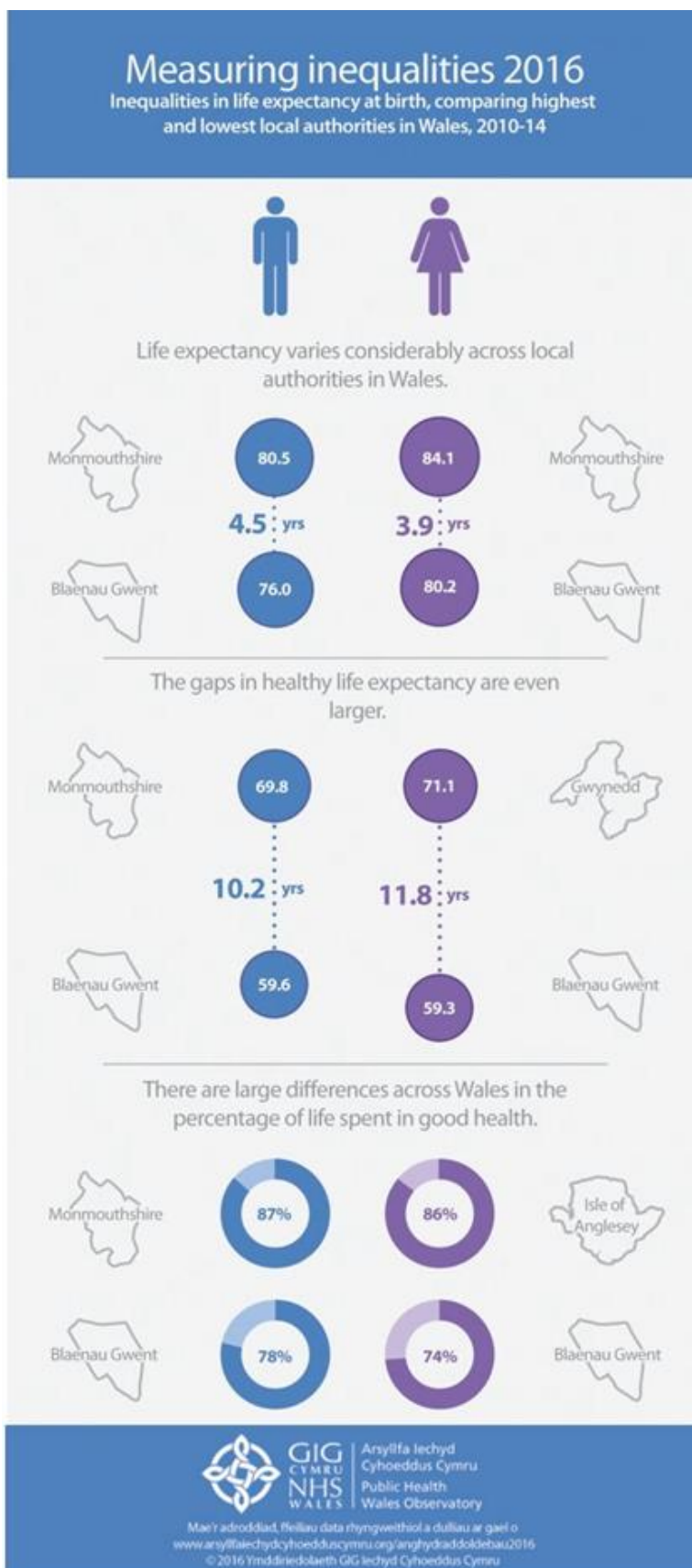


meta-chart.com

<http://www.eufic.org/article/en/expid/Fruit-vegetable-consumption-Europe/>



### 3. Public Health Wales – Measuring Inequalities



## 4. Royal College of Physicians – Response to Assembly Inquiry into Childhood Obesity

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3 May 2013

Obesity is a leading cause of preventable death and costs the Welsh NHS £73 million every year. Furthermore, the cost of physical inactivity to our NHS is estimated at about £650 million a year.

### Key recommendations

- We urge the Committee to recommend that the Welsh Government take a fresh approach to health policy and legislation.
- We urge the Committee to recommend that all Government programmes, policy and legislation which affect health should be mapped out and considered together, before moving forward with genuinely joined-up policy and legislation.
- We also recommend that all Government programmes are evaluated in detail for the effect they have had on reducing and preventing ill-health.
- We urge the Committee to recommend that the Welsh Government should require local health boards to implement all levels of the Wales Obesity Pathway as soon as possible.
- We urge the Committee to recommend that the Welsh Government should target more of the health budget towards prevention and early intervention.



## 5. Percentage of adults who don't exercise at all during the week

Welsh Government figures - August 2012

Anglesey	32
Gwynedd	30
Conwy	28
Denbighshire	31
Flintshire	31
Wrexham	34
Powys	26
Ceredigion	29
Pembrokeshire	29
Carmarthenshire	35
Swansea	33
Neath Port Talbot	41
Bridgend	37
Vale of Glamorgan	33
Cardiff	35
Rhondda Cynon Taff	37
Merthyr Tydfil	38
Caerphilly	39
Blaenau Gwent	40
Torfaen	37
Monmouthshire	26
Newport	36



## 6. Revealed: Firefighters prised almost 2000 obese people out of their homes in past three years

Daily Mail: December 2015

<http://www.dailymail.co.uk/news/article-3377104/Firefighters-free-2-000-obese-people-homes.html#ixzz4QABOosNq>

In April, it took a seven-hour operation involving two cranes, seven police cars and two fire engines to free Britain's fattest woman from her home.

Weighing 55 stone, Georgia Davis has to be periodically removed from her flat in the village of Cwmaman, on the edge of Aberdare, Wales, to be taken to hospital for treatment.

The cost of dispatching a fire engine is believed to be in the region of £400, with obesity-related call-outs coming at a time when fire service budgets are being 'slashed'.

